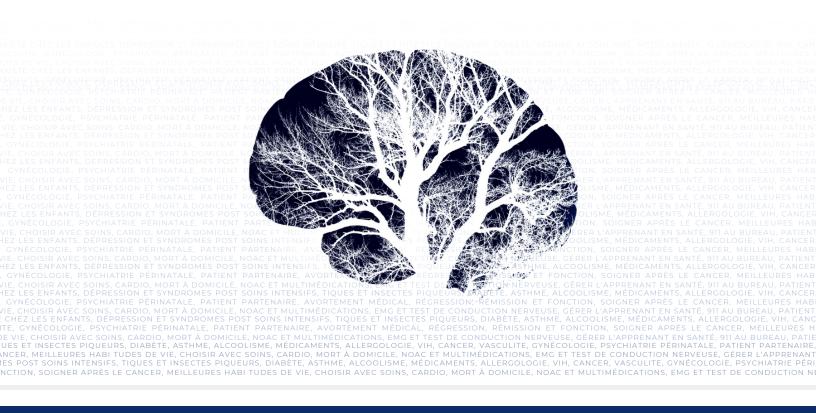


## 2021 PROGRAM

## **INFORMATION**

journeesmontfort@montfort.on.ca jmottawa.ca





APRIL 15, 2021		12 pm to 6 pm
HOUR	CONFERENCE	OBJECTIVES
12 pm to 1 pm	Login period and visit of exhibitors	
1 pm to 1:15 pm	<b>Word of welcome</b> Dr. Marie-Noëlle Nicole	
1:15 pm to 2:15 pm	PLENARY SESSION: When Belief Overrides the Evidence: How to Save Dr. Google's Patients? Olivier Bernard, Le Pharmachien	<ul> <li>List the opportunities and challenges associated with the growing dissemination of health and scientific information via the web, social networks and mass media;</li> <li>Distinguish effective approaches to dealing with individuals who perpetuate medical and scientific myths;</li> <li>Recognize communication errors that hinder our efforts to influence and convince;</li> <li>Implement better strategies for communicating with individuals who raise doubts or concerns about their health.</li> </ul>
2:20 pm to 3:20 pm	<b>New Trends in Acute Care</b> Dr. Vérilibe Huard	<ul> <li>Identify a few recent articles that have the potential to change our emergency room practice;</li> <li>Discuss the integration of changes to our practice as a result of these changes;</li> <li>To articulate the outstanding issues in the current state of knowledge.</li> </ul>
	<b>May Your Diet Be Your First Medicine!</b> Dr. Marie-Ève Bérubé	<ul> <li>Explore what a plant-based diet is all about;</li> <li>To question the scientific evidence for a plant-based diet;</li> <li>Use the diet as a therapeutic tool in chronic disease management;</li> <li>Describe clinical cases and concrete examples of its impact on patients' health;</li> <li>Describe the impact of certain animal products on the human body and on the well-being of our planet.</li> </ul>
3:20 pm to 3:50 pm	Health break and posters tour	
3:50 pm to 4:50 pm	The Impact Of Screen Time On Communication! Roxane Belanger	<ul> <li>To identify the problem of excessive use of screens at a young age;</li> <li>Present screen time guidelines from First Words and the learned societies of paediatrics;</li> <li>Apply winning strategies and screen time limitations with parents and healthcare professionals.</li> <li>Demonstrate the importance of reflective practice in health</li> </ul>
	How To Integrate Reflective Practice Into Our Busy Lives? Dr. François Rodrigue	care; To use reflective practice in our busy lives; Explain a reflective practice model through clinical cases; Identify different learning situations.
4:55 pm to 5:55 pm	PLENARY SESSION: A Low-Carbon Society: A Health Issue Dr. François Reeves	<ul> <li>Define the link between cardiovascular health and our environment;</li> <li>Describe current climate change and its consequences on health;</li> <li>Propose adapted treatments for our patients suffering from environmental diseases;</li> </ul>
5:55 pm to 6 pm		Closing remarks

APRIL 16, 2021	L	12 pm to 6 pm
HOUR	CONFERENCE	OBJECTIVES
12 pm to 1 pm	Login period and visit of exhibitors	
1 pm to 1:15 pm	<b>Word of welcome</b> Dr. Marie-Noëlle Nicole	
1:15 pm to 2:15 pm	PLENARY SESSION: COVID: Not Again! Dr. Sarah Mansour	<ul> <li>Describe the COVID-19 pandemic situation;</li> <li>Define the short-term and long-term consequences of a covid-19 infection;</li> <li>Recognize the differences in COVID-19 infection from childhood to old age;</li> </ul>
2:20 pm to 3:20 pm	Disasters: Humanitarian Interventions in Times of Crisis Stéphane Michaud	<ul> <li>Describe the organization of health care following a natural disaster or in a conflict situation;</li> <li>Illustrate with real-life cases the modalities and protocols of health intervention in the event of a disaster;</li> <li>Explain the principles and intervention capacities of humanitarian actors.</li> </ul>
	Managing Multimorbidity - Patient- Centred Care Plan Dr. Marlène Mansour et Anik Pitre	<ul> <li>Define multimorbidity;</li> <li>Describe the impact of multimorbidity on our health care system;</li> <li>Explain what the Mobile Chronic Disease Management Team service is all about.</li> </ul>
3:20 pm to 3:50 pm	Health break and posters tour	
3:50 pm to 4:50 pm	What to Do When There Is A Disagreement Between the Learner and The Supervisor? Bernard Martineau, Steve Balkou et Gilles Girard	<ul> <li>Explain the relevance of highlighting and correcting A's cognitive framework for managing disagreements in supervision;</li> <li>Use targeted intervention to manage supervisory disagreements;</li> <li>Identify winning conditions to facilitate this type of intervention in the A-S relationship.</li> </ul>
	<b>Hey, My Doctor Is On TV!</b> Dr. Richard Waldolf et Sylvie Grosjean	<ul> <li>Identify the communication and relational challenges associated with a telemedicine consultation;</li> <li>Propose communication strategies applicable to a patient/professional interaction context in telemedicine;</li> <li>To question the communication strategies to be implemented in the practice of telemedicine.</li> </ul>
4:55 pm to 5:55 pm	PLENARY SESSION: Changing Your Life to Save Your Heart Dr. Martin Juneau	<ul> <li>Review the latest news in terms of diet and exercise related to cardiovascular disease;</li> <li>Identify opportunities for diabetes remission;</li> <li>Describe how to achieve remission;</li> <li>Explain the role of the electronic cigarette in smoking cessation.</li> </ul>
5:55 pm to 6 pm	Closing remarks	

Please note that the conferences are given in French only.

The program is subject to change without notice.